

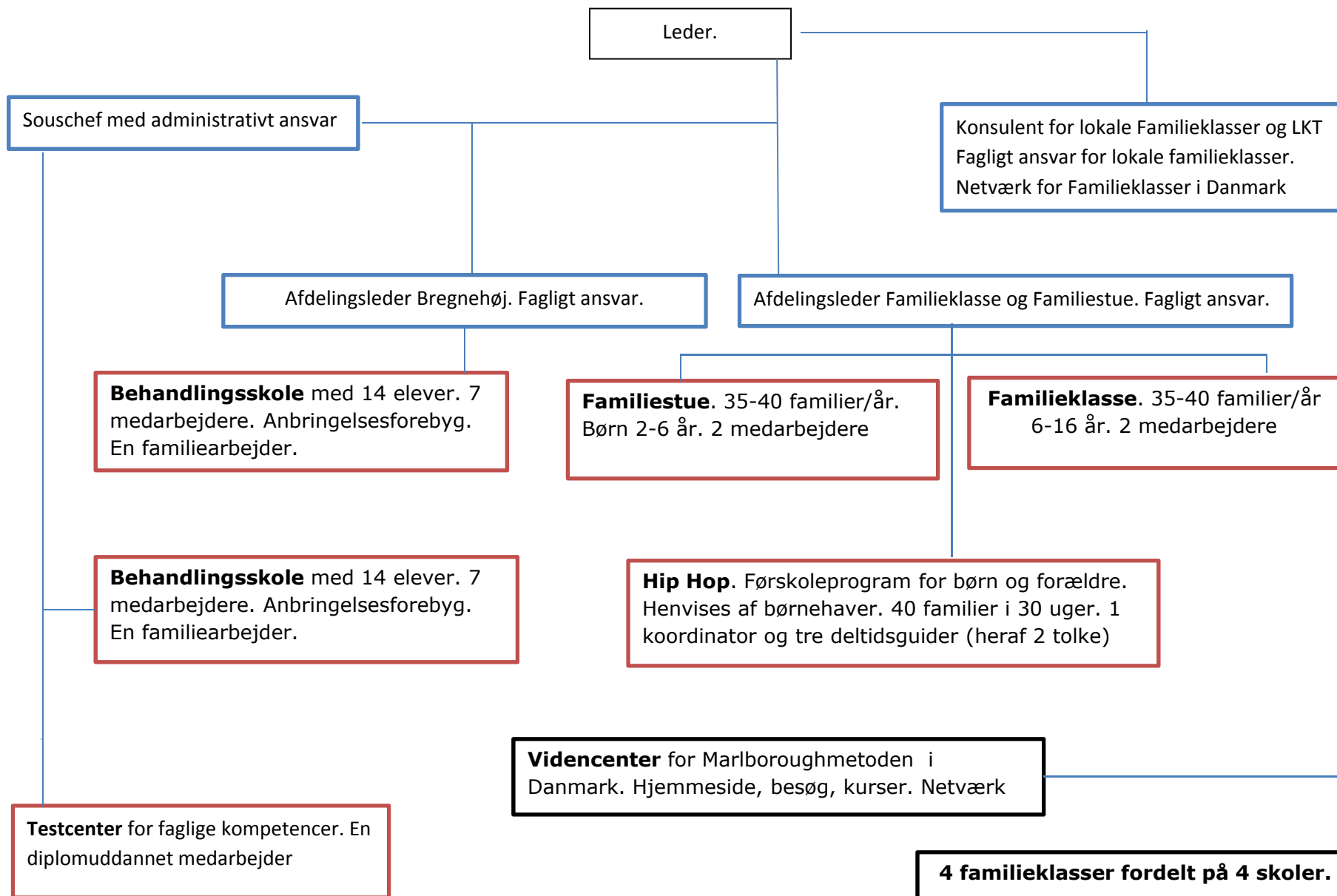
Ein "Schonraum"wir verstören euch!

- Due to our language, we are handicapped and happy to be included...
- You will be handicapped too, as you will experience this presentation in english...perhaps a little danish maybe a few german words!
- 😊



Familiestue

FamilieCenter Løvdal, Helsingør, Danmark.
www.familiecenter.helsingor.dk





”Familiestue”

- Twice a week. One morning and one afternoon (3 hours each day).
- Placed at Familiecenter Løvdal in Elsinore
- All kindergartens (80) in the municipality can recommend parents to participate.
- No referral the first 16 weeks.

Issues in families who participates in the Familiestue

Children who need to learn:

- To be included in the children's group
- To have focus
- To accept and follow the rules in the group/kindergarten
- To take initiative
- To be prepared for school
- To accept the leadership from adults.

Parental guiding



- Unsecure parents.
- Overload of information.
- Family crises(divorce, sibling rivalry).
- Lack of family structures.
- Lack of hierachy.



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Structure of the day:

- **8.30 – 9.00**
 - - Since last time (parents only)
 - - Planning of activities (parents only)
 - - Children's song
- **9.00 – 9.10**
 - Break
- **9.10 – 10.20**
 - Activities as in the kindergarten painting, board games , singing games ball games, role plays,
- **10.20 – 10.30**
 - Break/ setting the table
- **10.30 – 11.00**
 - Lunch
- **11.00 – 11.30**
 - Reflexion of the day(parents only)
 - Feedback to the children
 - Goodbye song



Parent group (every 4. time)

- **Examples of themes:**
- **The atmosphere in the family**
- **Parental leadership**
- **Parental presence and attention**
- **Communication distinct/ indistinct/ body language**
- **Family values.**
- **Consequences/ reward/punishment.**
- **Age-term requirements and expectations**
- **Individuals plan for changes at home**
- **Ideas for activities in the Familiestue.**

Subtitle:	Our goal is:
<p>David gets a permanent sleeping routine.</p>	<ul style="list-style-type: none">• David gets tucked in at 7.30pm.• David gets a goodnight song and a back massage - maximum 30 minutes in total.• Nicoletta says "goodnight" at 8.00pm at the latest.• Nicoletta sits beside David's bed (with her back turned to David) and reads a book for herself.• Be strong• Use the same routine in the weekends (in the beginning).

The logo for Marlborough Family Service consists of five circles arranged horizontally. The first, third, and fifth circles are solid light purple. The second and fourth circles are white with a light purple outline. The text "Marlborough Family Service" is centered across these circles in a black, sans-serif font.

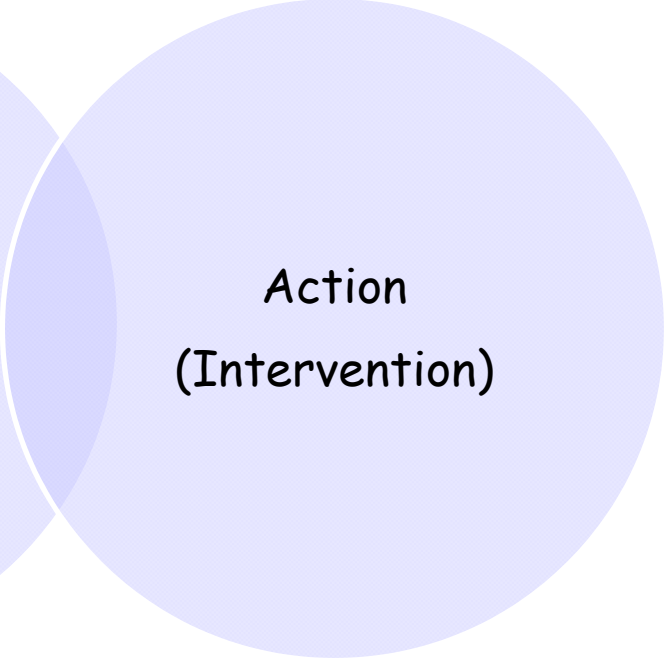
Marlborough Family Service

A large, light purple circle containing the text "See (observation)".

See
(observation)

A large, light purple circle containing the text "Think Refleksion".

Think
Refleksion

A large, light purple circle containing the text "Action (Intervention)".

Action
(Intervention)



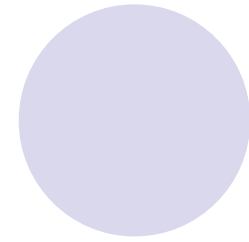
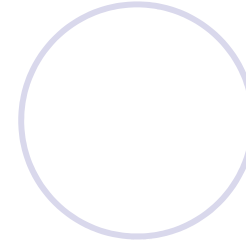
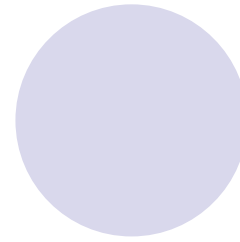
The process

- Meeting at beginning (kindergarten, parents, familiestue).
- Evaluations after 8 weeks.
- Last meeting after another 8 weeks.
- Examples of prolonged process if nesscery.

Activities

- To create happiness and bonding between parent and child
- Playfulness – Theraplay





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Perspectives



Target sheet

- Focus on skills
- An opportunity for the staff in the kindergarten to reflect upon their own practice.
- Generally the child is not involved in the target sheet, the opposite of the practice in the “Family Class”.




Examples of skills


- Hansi does what he is told
- Hansi stays in the activity
- Hansi is nice to the other children
- Hansi uses Danish words
- Hansi takes initiative
- Hansi controls his temper


Miraps Target sheet


Week	Monday /	Tuesday /	Wednesda y /	Thursday /	Friday /
Morning Breakfast	A___ B___	A___ B___	A___ B___	A___ B___	A___ B___
Group session	A___ B___	A___ B___	A___ B___	A___ B___	A___ B___
Lunch	A___ B___	A___ B___	A___ B___	A___ B___	A___ B___
Activity/ Play	A___ B___	A___ B___	A___ B___	A___ B___	A___ B___
Notes:					

Filled it like this:

4 = All the time 

3 = some of the time. 

2 = sometimes 

1 = Not at all 

No half point

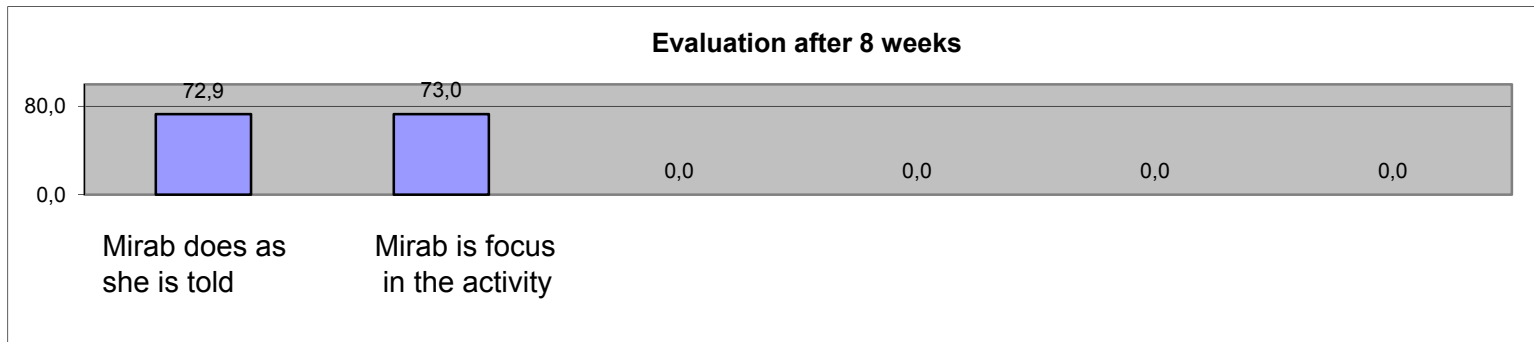
Counting	1	2	3	4
A				
B				

Skills:

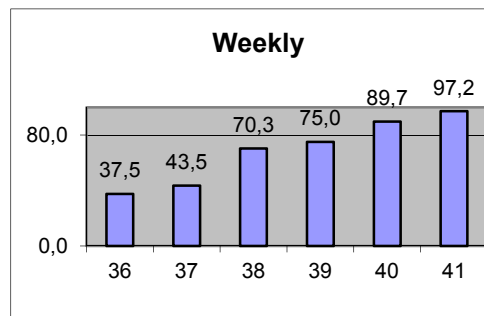
A. Mirab does as she is told

B. Mirab is focus in the activity

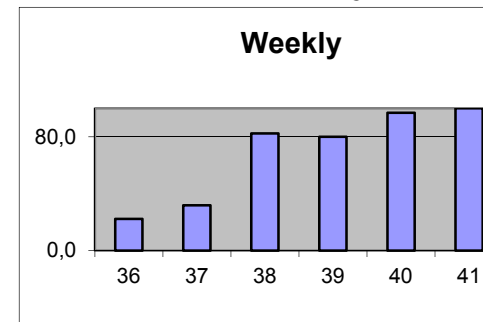
Exsample of graphs



A. Mirab does as she is told



B. Mirab is focused in the activity





Empowerment and selfagency

Parents is in charge of:

- their lives.
- their children's well-being.



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- www.familiecenter.helsingor.dk

- The cure is in the presence & attention,
and thank you for your attention!